

free!

celebrating CELEBRATING WOMEN'S HEALTH CONFERENCE

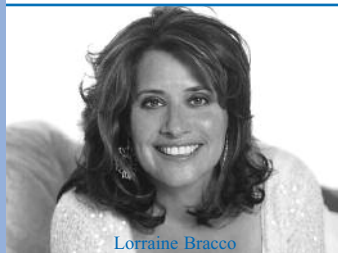
Tuesday & Wednesday, May 19-20, 2009

FEATURING TOPICS ON:

- Heart Disease
 - Cancer
 - Gynecology
 - Orthopedics
 - Arthritis
 - General Health Issues
- and more....

women's

KEYNOTE SPEAKER: Lorraine Bracco
actress & author



Lorraine Bracco

LOCATION:

Leonard's of Great Neck
555 Northern Blvd.
Great Neck, NY



STAYING HEALTHY AT EVERY AGE health



North Shore-Long Island Jewish Health System

conference

INFORMATION

REGISTRATION: There is no fee to attend this program, however, **pre-registration is required.** Registration is available via mail, fax or on-line. **A registration confirmation letter** will be sent to you.
Please bring this confirmation letter to the conference for admission.

LOCATION: The conference will be held at Leonard's of Great Neck, 555 Northern Blvd., Great Neck, NY 11021. Phone: 516-487-7900.

DIRECTIONS: Leonard's is easily reached via major thoroughfares. Located in Great Neck on Northern Blvd. near Lakeville Road.

From Queens: Long Island Expwy (495) East to Exit 33-Lakeville Road. Left under bridge onto Lakeville Rd. Continue north on Lakeville Rd. to Northern Blvd. (25A) Left on Northern Blvd. Leonard's is on the right.

From Brooklyn: Belt Pkwy into Cross Island Pkwy to Long Island Expwy (495) East. Follow Queens directions.

From Manhattan: Triborough Bridge onto Grand Central Pkwy to Long Island Expwy (495) East. OR Queens Midtown Tunnel onto Long Island Expwy. Follow Queens directions.

From Bronx: Whitestone or Throgs Neck Bridge onto Cross Island Pkwy to Long Island Expwy (495) East. Follow Queens directions.

From Eastern L.I.: Long Island Expwy (495) West to Exit 33-Lakeville Road. Turn right on Lakeville Rd to Northern Blvd. (25A). Turn left. Leonard's is on the right.

CONFERENCE INFORMATION: This conference is coordinated by North Shore-LIJ Health System's Department of Professional and Public Health Education. For information, call 516-465-2500.

TO RESERVE YOUR SPACE: REGISTER ON-LINE, MAIL OR FAX YOUR REGISTRATION FORM TO THE NORTH SHORE-LIJ HEALTH SYSTEM'S DEPARTMENT OF PROFESSIONAL AND PUBLIC HEALTH EDUCATION.



9:00 a.m. **Registration and Coffee**

9:30 a.m. **Welcome**

Dennis Dowling
Regional Executive Director
North Shore University Hospital
Long Island Jewish Medical Center

Michael J. Dowling
President and Chief Executive Officer
North Shore-LIJ Health System

Neeta M. Shah, M.D., FACP
Vice President, Women's Health Services
North Shore-LIJ Health System

10:00 a.m. **Breast Health: Knowing the Facts and Dispelling the Myths**

Karen Kostroff, M.D.
Chief, Breast Surgery
North Shore University Hospital
Long Island Jewish Medical Center
Assistant Clinical Professor of Surgery
Albert Einstein College of Medicine

10:30 a.m. **Women and Heart Disease: Separating Fact from Fiction**

Stacey E. Rosen, M.D.
Associate Chairman, Department of Cardiology
Long Island Jewish Medical Center
Associate Professor of Clinical Medicine
Albert Einstein College of Medicine

11:00 a.m. **Questions and Answers**

11:15 a.m. **Break**

11:30 a.m. **Awards Presentation**

Saul B. Katz
Chairman of the Board
North Shore-LIJ Health System

Noon **Keynote Speaker: Lorraine Bracco**

Academy Award- and Emmy Award-nominated actress, star of the hit HBO series *The Sopranos* and author of "On the Couch," her personal story about fighting and overcoming depression.

1:00 p.m. **Lunch**

2:00 p.m.
Moderator

Adiel Fleischer, M.D.
Chairman, Department of Obstetrics and Gynecology
North Shore University Hospital
Long Island Jewish Medical Center
Associate Professor of Obstetrics and Gynecology and Women's Health
Albert Einstein College of Medicine

- 2:00 p.m.** **Mind Over Bladder: Latest Techniques and Treatments for Incontinence**
Jill Maura Rabin, M.D.
Chief, Division of Ambulatory Care
Head of Urogynecology
Department of Obstetrics and Gynecology
Long Island Jewish Medical Center
Clinical Associate Professor of Obstetrics, Gynecology & Women's Health
Albert Einstein College of Medicine
- 2:30 p.m.** **“Flash”: How to Treat It Here and Now - Peri and Postmenopausal Hormone Replacement Therapy**
Valerie Altmann, M.D.
Division of General Obstetrics and Gynecology
Department of Obstetrics and Gynecology
Long Island Jewish Medical Center
Assistant Professor of Obstetrics and Gynecology and Women's Health
Albert Einstein College of Medicine
- 3:00 p.m.** **Genetic Screening for Gynecologic Malignancies**
Jill S. Whyte, M.D.
Division of Gynecologic Oncology
Department of Obstetrics and Gynecology
North Shore University Hospital
- 3:30 p.m.** **Questions and Answers**

WEDNESDAY, MAY 20, 2009

- 9:30 a.m.** **Registration and Coffee**
Moderator Neeta M. Shah, M.D., FACP
Vice President, Women's Health Services
North Shore-LIJ Health System
- 10:00 a.m.** **Over-the-Counter Anti-Aging Skin Care - Does It Work?**
Jeffrey Ellis, M.D.
Director, Dermatologic Surgery
Division of Dermatology
Department of Medicine
North Shore University Hospital
Long Island Jewish Medical Center
- 10:30 a.m.** **Exercise: Essential - Not Optional!**
Barry Stein, DPE
Clinical Exercise Physiologist
Center for Weight Management
North Shore-LIJ Health System

11:00 a.m.

Arthritis: Myths & Truths That Everyone Needs to Know

Richard Furie, M.D.

Chief, Division of Rheumatology

Department of Medicine

North Shore University Hospital

Long Island Jewish Medical Center

Professor of Clinical Medicine

Albert Einstein College of Medicine

11:30 a.m.

Beating the Blues: Recognition & Treatment of Depression

Mark Russ, M.D.

Director, Acute Care Psychiatry

The Zucker Hillside Hospital

Associate Professor of Clinical Psychiatry

Albert Einstein College of Medicine

12:00 p.m.

Questions and Answers

12:30 p.m.

Lunch

1:30 p.m.

Oh, My Aching Back!

Jared Brandoff, M.D.

Orthopedic Spine Institute

Harvey Cushing Institutes of Neuroscience

North Shore-LIJ Health System

2:00 p.m.

Headaches and Hormones

Noah Rosen, M.D.

Director, Headache Center

North Shore University Hospital

Harvey Cushing Institutes of Neuroscience

North Shore-LIJ Health System

2:30 p.m.

Irritable Bowel Syndrome - It's Not All in Your Head!

Bethany DeVito, M.D.

Director, Gastroenterology Health Center for Women

Division of Gastroenterology, Hepatology and Nutrition

Department of Medicine

North Shore University Hospital

Long Island Jewish Medical Center

Instructor of Medicine

New York University School of Medicine

3:00 p.m.

Self Assessment in Mind, Body and Spirit

Deborah McElligott, ANP-PC

Director, Patient Care Services

North Shore University Hospital

3:30 p.m.

Questions and Answers

take charge of your health

TAKE CHARGE OF YOUR HEALTH: A woman who takes charge of her health is a woman who takes charge of her life. The North Shore-LIJ Health System's Fourth Celebrating Women's Health Conference will equip you with a wealth of knowledge that you can use right now to strengthen and lengthen your days.

When you attend our programs on women and heart disease, cancer, gynecology, orthopedics, arthritis and other health issues, you'll be informed on the newest developments, techniques and discoveries that affect you and your family. The keynote speaker at the North Shore-LIJ Health System's Women's Health Conference will be **Lorraine Bracco**. She is an Academy Award and Emmy Award nominated actress, star of the hit HBO series *The Sopranos* and author of "On the Couch," her personal story about fighting and overcoming depression.



This two-day event is a free service for our community. We invite you to take advantage of this opportunity to learn from experts of the North Shore-LIJ Health System. To reserve your space: register on-line, mail or fax your registration form to the North Shore-LIJ Health System's Department of Professional and Public Health Education.

REGISTRATION FORM:

CELEBRATING WOMEN'S HEALTH: STAYING HEALTHY AT EVERY AGE

WHEN: Tuesday and Wednesday, May 19–20, 2009

FEE: There is no fee to attend, however, **pre-registration is required. Space is limited.** A registration confirmation letter will be sent to you. **Please bring this confirmation letter to the conference for admission.**

Please register me for the following conference day(s): *(you may register for one or both of the dates)*

Check: **Tuesday, May 19, 2009** **Wednesday, May 20, 2009**

(registration CANNOT be processed unless a date is selected).

To Register:

ONE form per person. Sorry, no phone registrations or walk-ins.

REGISTER ON-LINE AT

www.northshorelij.com/womensconference

or **FAX THIS FORM TO:**

516-465-8204

or **MAIL THIS FORM TO:**

North Shore-LIJ Health System
Women's Conference
Department of Professional and Public Health Education
175 Community Drive, Great Neck, N.Y. 11021

PLEASE PRINT / *Mailing address necessary for confirmation letter.*

First Name

Last Name

Daytime Phone

Street Address

Email Address

City

State

Zip



KATZ
Women's Hospital
Women's Health Institute

Committed to the advancement of women's health, the North Shore-LIJ Health System is building the **Katz Women's Hospital** and establishing the **Women's Health Institute**. Part of the Katz Women's Hospital, the Institute's goal is to empower women with the information and tools needed to make enlightened healthcare decisions for themselves and their families. Understanding the importance of caring for those who give so much to others and often have little time for themselves, the North Shore-LIJ Health System is combining the broad array of services the health system offers into one convenient place for women of all ages. The Women's Health Institute will offer specialized programs to our community, providing a wide range of primary, specialty and subspecialty programs and services in a number of convenient locations. We are committed to enhance not only a women's quality of life, but her family's as well. For more information, go to: www.katzwomenshospital.com and <http://support.northshorelij.com/katz>



PLACE STAMP
HERE
Post Office will
not deliver without
postage



Women's Conference
Department of Professional and Public Health Education
North Shore-LIJ Health System
175 Community Drive
Great Neck, New York 11021-5502



North Shore-LIJ Health System

Department of Professional and Public Health Education

175 Community Drive

Great Neck, New York 11021

www.northshoreliji.com

RETURN SERVICE REQUESTED

**CELEBRATING
WOMEN'S HEALTH
CONFERENCE**



WHEN : Tuesday and Wednesday, May 19-20, 2009

LOCATION:

Leonard's of Great Neck

555 Northern Blvd.

Great Neck, NY

FEATURING: Lorraine Bracco, *actress & author*